

1. My system includes your brain, spinal cord, and nerves. 2. <u>Messages travel in a one-way street from the brain via the nerves.</u> 3. The brain is the control center and the nerves are the highway. (Nervous system)	1. The lungs are part of me. 2. I breathe air and distribute oxygen to your body. 3. <u>I can also breathe pure helium gas.</u> (Respiratory system)	1. <u>I can eat grass and turn it into food for humans.</u> 2. I eliminate the waste your body cannot use. 3. I break down your food into fuel. (Digestive system)
1. I pump blood to all parts of your body. 2. <u>Every body contains about 50 liters of blood.</u> 3. Every body contains about 5 liters of blood. (Circulatory system)	1. I help bring new life into the world. 2. My work is directed by hormones. 3. <u>My organs are located in your arms.</u> (Reproductive system)	1. I can repair myself, but not regenerate myself. 2. Popeye was right; I am strong from eating spinach. 3. <u>There are no bones in your ear.</u> (Skeletal system)
1. Drinking at least 2 liters of water a day keeps me happy. 2. I filter out toxins and impurities. 3. <u>You can go two weeks without water.</u> (Urinary system)	1. <u>I am 80% of your body weight.</u> 2. Without this system, a person would not be unable to move or even stand up! 3. Your heart would not be able to beat without me. (Musculatory System)	1. <u>You can live without me!</u> 2. I direct all of the hormonal messages in your body. 3. It is me who decides when puberty starts. (Endocrine system)