

B	I	N	G	O
someone who doesn't play video games	someone who got 8hrs of sleep last night	a person who can name the three pillars of health	someone who had protein in their lunch	someone who likes vegetables
someone who can name the two types of digestion	someone who likes to make their own lunch	a person who can do five pushups (and show you)	a person who doesn't drink soda/pop	someone who filled in their health checklist for a week
someone who can name the main male hormone	someone who plays on a sports team	FREE	someone who ate a healthy lunch today	someone who can tell you what 'sleep hygiene' is
someone who likes to play basketball	find a person who can name the two intestines	find a person who can tell you when you do the most growing	someone who walked or biked to school	someone who had eggs for breakfast
someone who chews with their mouth closed	someone who is going to get 10hours of sleep tonight.	someone who can tell you where food goes after the stomach	a person who can do five pushups (and show you)	someone who likes to swim