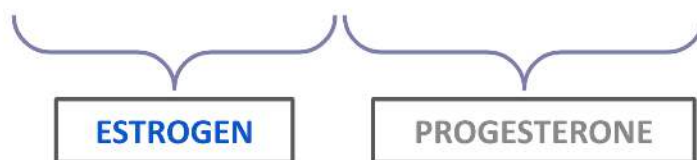
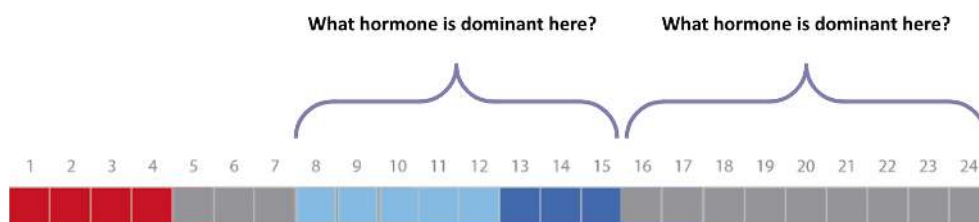


Sienna's Health + Cycle Chart

- Look at Sienna's chart and then fill in the blanks:



Bonus! Can you remember what this phase of the cycle is called?

LUTEAL PHASE

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